

PureNature

Make your own Perfume

Make your own perfume with essential or fragrance oils in a base of water, alcohol or oil.

Water-based perfume

You will need:

Mist spray bottle
Polysorbate 20 (dispersant)
Essential or Fragrance oils of your choice
Distilled water or hydrosol

Instructions:

For each 100ml of Water, combine 1ml (20 drops) of essential oils or fragrance oil and 1ml (20 drops) of Polysorbate 20, and an equal amount of Polysorbate 20. Add this mixture to the water or hydrosol and shake the mixture to disperse.

Oil-based perfume

You will need:

Mist spray bottle
Jojoba oil
Essential or Fragrance Oils of your choice

Instructions:

Combine the Jojoba and Essential/Fragrance oils to the bottle and shake to combine.

Alcohol-based perfume

You will need:

spray bottle
80ml alcohol
20ml distilled water or hydrosol
100 drops of essential oils

Instructions:

1. Blend your choice of essential oils.
2. Blend your essential oils with an equal quantity of alcohol.
3. Mix the water and remaining alcohol.
4. Slowly add the essential oil and alcohol mixture, stirring as you go.
5. Store in a closed glass bottle for 24 hours in a cool place.
6. Filter the cooled perfume through filter paper.
7. Store in a sealed glass bottle to allow your perfume to develop to its full maturity for at least 3 months. Keep it in a cool place out of the light. (Your perfume may be used at any time if you wish).
8. Your perfume is now ready for use.